

Ascorbic Acid

Ceetab™ Daily ^{500 mg} Tablet

VITAMIN

FORMULATION

Each tablet contains:

Ascorbic Acid 500 mg

PHARMACOLOGIC ACTION / PHARMACOKINETICS

Ascorbic Acid, a water soluble vitamin, is essential for the synthesis of collagen and intracellular material. Ascorbic Acid deficiency develops when dietary intake is inadequate. It is rare in adults, but may occur in infants, alcoholics or elderly. Deficiency leads to the development of a well defined syndrome known as scurvy. Ascorbic Acid has been used to acidify urine and has also been tried in the treatment of idiopathic methemoglobinemia and many other disorders, but there is little evidence of beneficial effect.

Ascorbic Acid is readily absorbed from the gastrointestinal tract and is widely distributed in the body tissues. It is reported to be about 25% bound to plasma proteins. The amount of Ascorbic Acid in the body is about 1.5 g. The concentration is higher in leukocytes and platelets than in erythrocytes and plasma. In deficiency states, the concentration in leukocytes declines at a slower rate and this has been considered a better criterion for the evaluation of deficiency than the concentration in plasma.

INTAKE REQUIREMENT

A daily intake of about 30 mg to 100 mg Ascorbic Acid has been recommended for adults. There is, however, a wide variation in individual requirements. Humans are unable to form their own Ascorbic Acid and so a dietary source is necessary. Most dietary Ascorbic Acid is obtained from fruit and vegetable sources. Only small amounts are present in milk and animal tissues. Relatively rich sources include rose hips (rose fruit), black currant, citrus fruits, leafy vegetables, tomatoes, potatoes, and green pepper.

INDICATION

For the treatment and prevention of Ascorbic Acid deficiency.

PRECAUTION

Should be given with care to patients with hyperoxaluria.

ADVERSE EFFECTS

Large doses are reported to cause diarrhea and other gastrointestinal disturbances and are associated with the formation of renal calcium oxalate calculi.

DOSAGE

Usual Adult Dose: 1 tablet daily or, as prescribed by the physician.

WARNING

This product contains FDC Yellow #5 (Tartrazine), which may cause allergic reactions (including bronchial asthma) in certain susceptible person.

STORAGE CONDITIONS

Store at temperatures not exceeding 30°C.
Protect from light.

AVAILABILITY

Blister Pack x 10's (Box of 100's)

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